

# PYC's Signature Programs and Services

## What sets PYC apart

- Our expert staff. All programs are administered by Masters-level Counselors and Social Workers. Because our programs deal with sensitive issues, PYC believes that all clinical staff should have the skills necessary to identify and deal with any potential situations.
- The majority of our signature programs can be adjusted to any grade level, from kindergarten through high school.
- We constantly are updating and fine tuning our signature programs to ensure that they provide the best prevention education materials and lessons available.
- Our programs can also be given to parents and adults as community seminars or classes. PYC has teamed with many local organizations to bring these types of programs into the community.

**Count To Ten:** This program teaches youth positive anger and impulse management skills and peaceful conflict resolution techniques adaptable to school, home and social life.

**Real Life, Real Relationships:** This program addresses dating violence and date rape from a prevention perspective. The curriculum teaches teens how to make dating safe and fair, communicate sexual limits, recognize and prevent abusive behavior and develop healthy relationships.

**Stand Up For You:** This program addresses bullying in our communities and encourages coping and action. Students will learn healthy alternatives for dealing with various types of bullying and the effects of bullying.

**We Are One:** This program raises awareness about prejudice and discrimination, and encourages tolerance. Students develop an appreciation for diversity and learn ways to counteract prejudice and stereotypes.

**After School & Summer Programs:** These programs include a combination of tutoring, mentoring, recreation and violence prevention activities that help teach children how to deal with conflict and violence out of the classroom.

For a full listing of programs available, please visit our website at [www.pyconline.com](http://www.pyconline.com)!



Preventing Violence,



Promoting Peace.



PROGRESSIVE YOUTH  
CONNECTION